

Plantar Reflexology

Specific technique through which the energetic balance of the body is restored, using a particular type of massage that, through the stimulation and compression of specific reflex points on the feet, energetically connected with organs and apparatus, allows to exercise a preventive action and intervention on any imbalances of the organism.

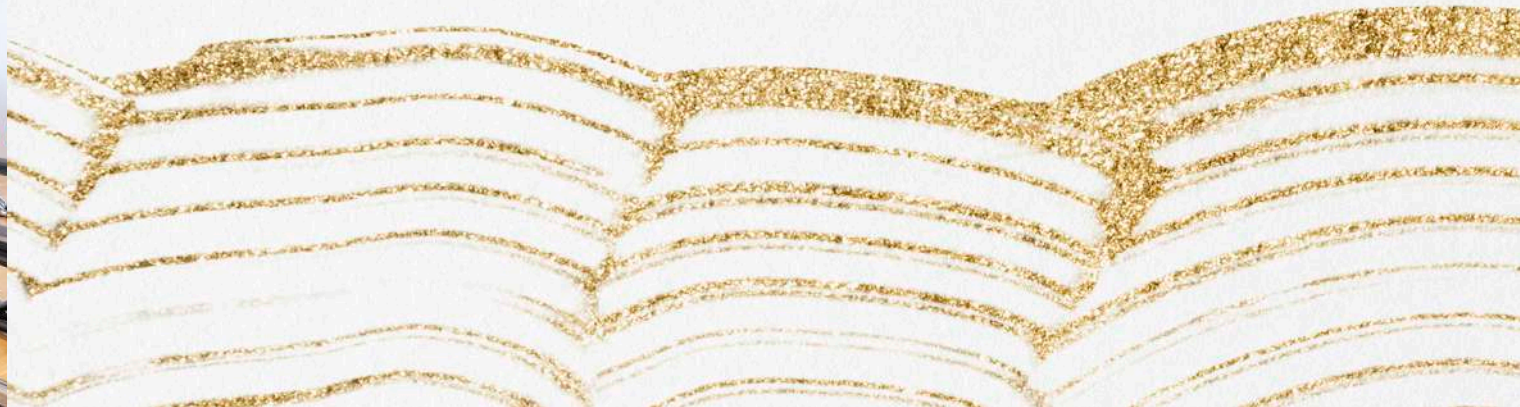
30 minutes € 45,00

COUPLE'S MASSAGE

Duration 50 minutes starting from € 140,00

GYM

Do you want to train even on vacation? Our fitness area has been created just for you! You will find the best Technogym equipment.



MASSAGES

Cervia Salt Scrub

A scrub to prepare the skin for sun exposure and nourish it with a delicate illuminating gold-infused massage.

30 minutes € 45,00

Decontracting Massage

Relieves tired and stiff muscles due to incorrect posture and pressures caused by prolonged standing. A deep massage on the whole body, recommended for those who feel "blocked" and muscularly stiff.

50 minutes € 75,00

30 minutes back and feet € 45,00

Aroma Massage

The ideal mix of essential oils to use both for massage and for aromatherapy. It is identified with the customer together. A unique, intense, and rebalancing experience, PERSONALIZED and with different aromas. Let yourself be transported by perfumes and sensory scents created especially for you. A true sensory experience.

50 minutes € 75,00

Ayurvedic Massage

Treatment that uses Ayurvedic massage techniques to restore physical and mental energy balance. Experience profound relaxation and at the same time a boost of physical energy (the effects will last throughout the day). The use of essential oils also favors the dissolving of physical and energetic blocks.

60 minutes € 80,00 - 90 minutes € 120,00

Relax Massage

Frees the mind from worries, provides a profound physical and mental relaxation. The body comes back to its totality, from head to toe and up of the scalp. Recommended for those who want to detach themselves for a moment and find inner calm.

50 minutes € 70,00

Draining Massage

Specific massage technique that helps improve microcirculation, reducing swelling, tiredness, and localized accumulation of toxins. Recommended for those with swelling problems or poor venous and lymphatic circulation.

50 minutes € 75,00

With 90-minute cupping € 120,00

Nirvana Massage

An emotional and relaxing journey through manual techniques, a ritual of giving and receiving, and supported by the sound and vibrations of Tibetan bells, providing a profound physical and mental relaxation.

60 minutes € 80,00 - 90 minutes € 120,00

Korean Thai Massage

Treatment performed dry, which allows a general regeneration of the organism. Working on the meridians, veins, and joints, improving blood circulation, that of the lymph, and a stretching of the joints.

50 minutes € 75,00

